

Leicester Carers Support Service

Based at Clarence House, Humberstone Gate, Leicester is becoming very well established and offers information and advice, group activities, peer support, carer's cafes, allotment sessions, carer learning and outreach events at such venues as Leicester Royal Infirmary, Glenfield Hospital, Haymarket Shopping Centre and Leicester General Hospital. The recent carer learning sessions on Dementia Awareness, Mindfulness, Home Safety and Alcohol Awareness have proved to be very popular. The Leicester Carers Support Service was involved in the Carers Rights Day Event at City Hall.

A dedicated Advisor has now been appointed as is dealing with an increasing number of benefit applications either through face to face appointments at Clarence House or home visits.

Regular groups are held in Belgrave, St Matthews, Clarence House and West End. A programme of Christmas themed events was held.

Members of the team use a strength-based approach and offer a holistic review of the carer's needs.

2020's programme of activities include both evening and weekend sessions aimed at working and younger carers.

The overarching aim of the Leicester Carers Support Service is to provide support to all carers, over the age of eighteen, in the City of Leicester. We support carers at whatever stage of their journey they may be at and we also recognise that the carer journey will not end abruptly when the caring role finishes. Carers may also need support to continue to live through the transition of adjusting to no longer being a carer.